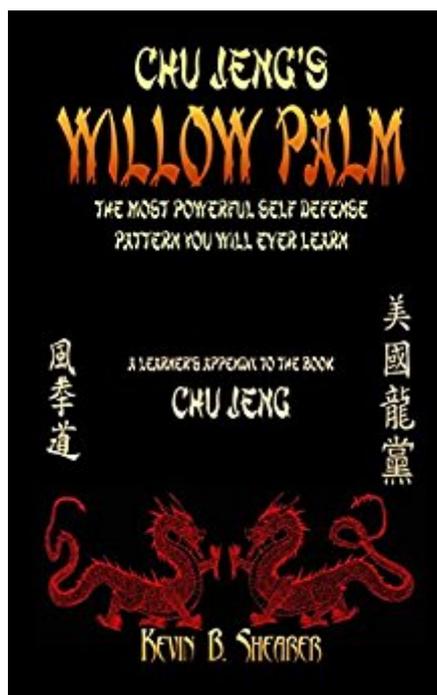


The book was found

Willow Palm: The Most Powerful Self Defense Pattern You Will Ever Learn



Synopsis

Here in this book is revealed the once carefully guarded secret power of Willow Palm, that had the real Dragons of Lung Tong easily thrashing every opponent they ever came up against. And now this amazing defensive power can be yours. Contained in this book are lessons you would pay hundreds of dollars to be taught by a Lung Tong Dragon.

Book Information

File Size: 11078 KB

Print Length: 48 pages

Publication Date: August 9, 2017

Sold by: Digital Services LLC

Language: English

ASIN: B074PL8D29

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #501,210 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #56

in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Sports Health & Safety #92

in Books > Health, Fitness & Dieting > Sports Health & Safety #393 in Kindle Store > Kindle

Short Reads > 90 minutes (44-64 pages) > Sports & Outdoors

Customer Reviews

A well written, captivating, historical martial arts story that caused me to lose sleep; I did not want to stop reading! Chu Jeng is the first person account describing the lives, hardships, training, fighting styles, life lessons learned, and spiritual growth of seventeen boys and men that became the Dragons of Wulin. This is fictional story based on a teaching myth of the Dragons of Lung Tong (from the appendix). Rated PG for violence - lots of action but it is not extremely graphic.

(IMO) Suitable for ages early teen and above (way above - that's me). An excellent choice for beginning martial artists but it will inspire martial artists of any age. I agree completely with the other 5 star reviews. I don't know what else I can add except I highly recommend this book to any reader who enjoys martial arts. I am purchasing the next in the series as soon as I am finished writing this review. Well done Mr. Shearer! Additional note on the Kindle format of the book; very well done! At

the beginning of each chapter is a hyper link back to the table of contents - nice touch. There is also an appendix at the end of the book that identifies and provides a glimpse of each of the main characters (the Dragons of Wulin).

This is a fun book to read about a little village that is being robbed of it's crops and goods by stronger tribes of people who come through when they are harvested. The people are peaceful and defenseless. The Elders decide to send certain young men out to other lands to find a master to train them in the different arts of self defense. Each one finds a different master with different skills to bring back after months of being away. We will see who comes out as the best, smartest and wisest to defend the village when these enemies come back to pillage the town once more.

This is the kind of book that I will read to my children, and also for myself. All of the books in this series are written in layers, and they are goldmines of philosophy, wisdom, and Kung Fu secrets that will compliment your formal, physical training. If you are not a martial artist, the books of this series will probably make you want to be. Each reading will uncover things that you missed, or weren't ready for, from the previous reading. One of the most incredible aspects of the author's writing is that the protagonist is so easy to relate to and identify with, all the while aspiring along the path of the virtuous warrior and scaling the mountain of greatness.

While I generally shy away from martial-arts specific books because they tend to be too technical on the movements during action sequences, I decided to read this one. Since I know the author, and have heard many good things about his stories, I gave it a shot. I was very pleasantly surprised to find that my misgivings were unfounded, and that there was not much technical junk to sort through in the reading. Mr. Shearer has found a way to communicate the philosophies of the arts he has studied and that have formed him. I must say, I was happy to see this, and to learn from Mr. Shearer's hard-won Wisdom.

This was a informative look at how martial arts styles may have developed. The author seems to have a good ability to mix truth with fiction.

Great read even though the genre wasn't my normal choice. The author wraps you into the story which is important to me with any novel I read. I would highly recommend!

Wow! I've completely fallen in love with this story. Beautiful imagery, action pact, and just a great read. Chu Jeng is a wonderful character, likable and I just adored him. Awesome read!

It was a wonder journey, one that I will enjoy many times over. The author is a great story teller, a gift that not many today have. I look forward to the other volumes and will add them will joy to my ever growing library.

[Download to continue reading...](#)

Willow Palm: The Most Powerful Self Defense Pattern You Will Ever Learn Survival Self Defense: Keep Yourself And Your Family Protected (Self Defense Gear, Home Defense Tactic, Self Defense Equipment) Palm Reading for Beginners: You Hold Your Future in the Palm of Your Hand (Palm Reading, Palmistry, Psychic, Clairvoyant Book 1) The Power of Positive Energy: Powerful Thinking, Powerful Life: 9 Powerful Ways for Self-Improvement, Increasing Self-Esteem, & Gaining Positive Energy, Motivation, Forgiveness, Happiness ... Happiness, Change Your Life Book 1) The Palm Springs Diner's Bible: A Restaurant Guide for Palm Springs, Cathedral City, Rancho Mirage, Palm Desert, Indian Wells, La Quinta, Bermuda Dunes, Indio, and Desert Hot Springs, 2nd Edition The Palm Spring Diner's Bible: A Restaurant Guide for Palm Springs, Cathedral City, Rancho Mirage, Palm Desert, Indian Wells, La Quinta, Bermuda Dunes, Indio, and Desert Hot Springs Knife Training Methods for Self Defense: How to Become a Pro at Knife Fighting: (Self-Defense, Self Protection) Confidence: How to Build Powerful Self Confidence, Boost Your Self Esteem and Unleash Your Hidden Alpha (Confidence, Self Confidence, Self Esteem, Charisma, ... Skills, Motivation, Self Belief Book 8) Self Help: How To Live In The Present Moment (Self help, Self help books, Self help books for women, Anxiety self help, Self help relationships, Present Moment, Be Happy Book 1) Quotes: 101+ Greatest Quotes on Happiness, Success and Motivation from famous people around the world: Greatest and most powerful quotes ever used by leaders ... (Quotes from the famous people ever lived) 101 Most Powerful Proverbs in the Bible (101 Most Powerful Series) Self Love: F*cking Love Your Self Raise Your Self Raise Your Self-Confidence (Self Compassion, Love Yourself, Affirmations Book 3) Vortex Control Self-Defense Bundle: Hand to Hand Combat, Knife Defense, and Stick Fighting Practical Escrima Knife Defense: Defending Yourself against Knife Attacks (Vortex Control Self-Defense Book 2) Krav Maga: Dominating Solutions to Real World Violence (Krav Maga, Self Defense, Martial Arts, MMA, Home Defense, Fighting, Violence) Gun Digestâ™s Handgun Ammo & Calibers Concealed Carry eShort: Learn the most effective handgun calibers & pistol ammo choices for the self-defense revolver. (Concealed Carry eShorts) Rand McNally Folded Map: Miami, Fort Lauderdale, and West Palm Beach Regional Map (Rand McNally

Miami/Fort Lauderdale/West Palm Beach) Palm Reading for Beginners: Find Your Future in the Palm of Your Hand (For Beginners (Llewellyn's)) Palm Reading for Beginners: Find Your Future in the Palm of Your Hand Palm Reading for Beginners: Your Future Revealed in the Palm of Your Hands

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)